

Plan your week. Stay consistent. Achieve your goals!



Name: \_\_\_\_\_

Week Beginning: \_\_\_\_\_

★ **TOP TIP**

Small, consistent steps lead to big results!



**MY GOALS FOR THIS WEEK**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**SUBJECTS TO FOCUS ON**

**MATHS**




**ENGLISH LANGUAGE**




**ENGLISH LITERATURE**



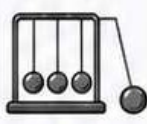

**BIOLOGY**




**CHEMISTRY**




**PHYSICS**











**OTHER**




★ **REMEMBER**

Don't just revise, test yourself!  
Use active recall, past papers and teach what you learn.

DAY	SUBJECT	TOPIC	TIME	✓ DONE
<b>MONDAY</b> 				<input type="checkbox"/>
<b>TUESDAY</b> 				<input type="checkbox"/>
<b>WEDNESDAY</b> 				<input type="checkbox"/>
<b>THURSDAY</b> 				<input type="checkbox"/>
<b>FRIDAY</b> 				<input type="checkbox"/>
<b>SATURDAY</b> 				<input type="checkbox"/>
<b>SUNDAY</b> 				<input type="checkbox"/>

**END OF WEEK REFLECTION** ★

😊 **WHAT WENT WELL?**

.....  
.....

💭 **WHAT DO I NEED TO IMPROVE?**

.....  
.....

