

# EXAM COUNTDOWN

Your step-by-step guide to exam success



A good plan now = less stress later.  
Use this countdown to stay on track, build confidence and do your best on exam day!



**4**  
WEEKS  
TO GO

- ✓ Create a revision timetable.
- ✓ Go through your notes and topic lists.
- ✓ Identify topics you find difficult.
- ✓ Make summary notes and mind maps.
- ✓ Start using past papers.

**FOCUS ON:**

Building a strong foundation and understanding all topics.



**2**  
WEEKS  
TO GO

- ✓ Do past papers under timed conditions.
- ✓ Review and improve weak areas.
- ✓ Practice exam questions regularly.
- ✓ Use flashcards and active recall.
- ✓ Refine your revision notes.

**FOCUS ON:**

Practising, improving and managing your time.



**1**  
WEEK  
TO GO

- ✓ Focus on key topics and past papers.
- ✓ Make a final list of must-know facts.
- ✓ Check exam dates, times and locations.
- ✓ Plan your exam day (travel, equipment).
- ✓ Get plenty of sleep and eat well.

**FOCUS ON:**

Consolidating knowledge and staying confident.



**DAY**  
**BEFORE**

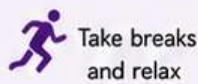
- ✓ Do a final light review of notes.
- ✓ Focus on understanding, not cramming.
- ✓ Pack your bag and check your equipment.
- ✓ Relax, stay positive and get a good night's sleep.

**FOCUS ON:**

Staying calm, prepared and positive.



*Don't forget:*



★ **Remember:**

Your hard work today leads to your success tomorrow.

**You can do this!**

